

NATIONAL CHAMPIONSHIP!

SEARCHING FOR "FITTEST KIDS" IN PITTSBURGH



FRIDAY MAY 23RD 2008 - 5:00 PM
MONROEVILLE EXPO MART

60 SECONDS - MAX REPS... IT'S SIMPLE

TEST YOUR SKILLS!

- 1. PUSH UPS**
- 2. CHIN UPS**
- 3. SIT UPS**
- 4. JUMP ROPE**

YOU MAY ENTER ONE
 OR ALL ABOVE CATEGORIES



FRIDAY MAY 23RD 5:00 PM
PRE-REGISTER AND COMPETE FOR FREE

HIGH SCHOOL DIVISION 14-17
MIDDLE SCHOOL DIVISION 10-13
ELEMENTARY DIVISION 9-UNDER
***BOYS & GIRLS SEPARATE DIVISIONS**

- **CONSUMER EXPO**
- **1000 ATHLETES**
- **15 CHAMPIONSHIPS**
- **10,000 FANS**
- **100 EXHIBITORS**
- **CELEBRITY GUESTS**
- **FITNESS EXPERTS**

We welcome entire teams, scout troops, youth groups, and more to participate. The *Challenge*, is a non-profit program paving the way for active lifestyles!

Pre-Register to reserve a spot to compete! Space is limited to a first come, first serve basis! Competition and Expo entry is **FREE** to pre-registered youth only.
Download entry: www.kidzchallenge.com

www.pghfitness.com or www.kidzchallenge.com





"PHYSICAL FITNESS CHALLENGE"

Reserve a spot to compete in the Fitness Challenge! **Fax completed form : 724-382-4059**
Or Mail completed form: Kumite Classic Entertainment 12421 St. Nikolai Dr. N. Huntingdon, PA 15642.
Pre-registration deadline May 19th. After May 19th, please bring completed form with you to expo.
Walk-on's welcome but space is limited to on a first come first serve basis!

First Name: _____ Last Name: _____ [Male] or [Female]

Are Code: _____ Phone: _____ Age: _____ Date of Birth ____ / ____ / ____

Address: _____ City: _____ State: _____ Zip: _____

E-Mail: _____ Have you been to the Kumite Classic Before? [Y] [N]

Approx Weight: _____ Condition of health: _____ Any physical impairments? _____

Would you like help promote the Sports & Fitness Festival by putting up a poster? [YES] [NO]

How did you hear about the Kidz Challenge: [Our Website] [Radio] Other: _____

This is a **FREE** challenge open to all youth under 18 years old. All events are based on 60 seconds, max reps. Divisions may be combined or created to accommodate competitors

Circle all categories you wish to compete:

- [PUSH UPS]
- [SIT UPS]
- [CHIN UPS]
- [JUMP ROPE]

CIRCLE DIVISION:

[MALE] OR [FEMALE]

HIGH SCHOOL DIVISION

14-17 YEARS OLD

MIDDLE SCHOOL DIVISION

10-13 YEARS OLD

ELEMENTARY DIVISION

9- YEARS OLD

sponsored in part by



KIDZ FITNESS WAIVER

I, (print name)

_____,
the undersigned hereby release the Western PA Police Athletic League, Kumite Classic Entertainment Corp., The Pittsburgh Sports & Fitness Festival, and any and all other persons associated with this event in any capacity, from any and all liability due to injuries that I may incur as a result of my attendance and / or participation at this event. Furthermore, I hereby waive any compensation whatsoever for the use of pictures or video production of myself, utilized by those associated with this event, for any promotional use or profit-making at anytime. I agree to indemnify, defend and hold harmless all the above named parties from any liability or compensation. Additionally, I am fully aware of my personal medical condition and hereby certify that I am mentally and physically fit to participate in the Kidz Physical Fitness Challenge.

Participant Signature _____

Date _____

Signature of parent / guardian who assumes complete responsibility (if under the age of 18)

PHYSICAL FITNESS WAIVER

First Name: _____ Last Name: _____ [Male] or [Female]

Are Code: _____ Phone: _____ Age: _____ Date of Birth ____ / ____ / ____

Address: _____ City: _____ State: _____ Zip: _____

E-Mail: _____ Have you been to the Kumite Classic Before? [Y] [N]

LIABILITY RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE

This is a legally binding liability release, waiver, discharge and covenant not to sue (the "Release"), made by me, the undersigned, to Kumite Classic Entertainment Corp.

I, (PRINT NAME CLEARLY) _____,

Fully recognize that there are dangers and risks to which I may be exposed by participating in the fitness activities and workouts at the Kumite Classic, which involve strenuous physical activity and extensive physical contact with other people. I understand and acknowledge that fitness workouts in general have inherent dangers that no amount of care, caution, training, instruction, supervision or expertise can eliminate. With full understanding of the risks involved and despite this Release, I am voluntarily participating in physical fitness activity. I therefore agree to assume and take upon myself all of the risks and responsibilities in any way associated with this activity. I release the Western PA Police Athletic League, Kumite Classic Entertainment Corp., its agents, volunteers, and William Viola III from any and all liability, claims and actions that may arise from injury or harm to me, from my death or from damage to my property in connection with this tournament. I acknowledge and fully understand that I will be engaging in activities that involve risk of serious injury, and that severe social and economic losses may result not only from my own action, inactions or negligence, but also from the actions, inactions or negligence of other notwithstanding the rules of play or the condition of the premises or of any equipment used. Further I acknowledge and fully understand that there may be other associated risks with such activities that are not known or not reasonably foreseeable at this time. I understand that this Release covers liability, claims and actions caused entirely or in part by any acts or failures to act by Western PA Police Athletic League, Kumite Classic Entertainment Corp., its agents, volunteers, including but not limited to negligence, mistake, or failure to supervise. I recognize that this Release means I am giving up, among other things, rights to sue Western PA Police Athletic League, Kumite Classic Entertainment Corp., its agents, and volunteers for injuries, damages, or losses I may incur while participating in this tournament. I also understand that this release binds my heirs, executors, administrators, and assigns, as well as myself.

I EXPRESSLY AND VOLUNTARILY ASSUMES ALL RISK OF PERSONAL INJURY, PERMANENT, TEMPORARY, TOTAL OR PARTIAL DISABILITY, DISFIGUREMENT, PARALYSIS AND ANY OTHER LOSSES OR DAMAGES TO PERSON OR PROPERTY OR DEATH, sustained while participating in the Kumite Classic event, including the risk of PASSIVE OR ACTIVE NEGLIGENCE OF THE RELEASEES, or hidden, latent or obvious defects in the facilities or equipment used.

I HEREBY FOREVER RELEASE, DISCHARGE AND COVENANT NOT TO SUE WESTERN PA POLICE ATHLETIC LEAGUE or KUMITE CLASSIC ENTERTAINMENT CORP. I ACKNOWLEDGE THAT I HAVE HAD SUFFICIENT OPPORTUNITY TO REVIEW THE PROVISIONS OF THIS DOCUMENT AND UNDERSTAND ITS PURPOSE, MEANING AND INTENT. I HAVE READ THE ENTIRE RELEASE, I FULLY UNDERSTAND IT, AND I AGREE TO BE LEGALLY BOUND BY IT.

THIS IS A RELEASE OF YOUR RIGHTS. READ CAREFULLY BEFORE SIGNING.

Releaser's Signature

Date

Parent's or Guardian's Signature, if a minor (under 18)

Witness